

Understanding the Six Domains of Child and Youth Wellbeing

Being loved and safe

Being loved and safe means that children and young people:

-  have a safe, stable and supportive home environment
-  have positive, trusted relationships with other people
-  feel safe, secure and protected at home and in the community
-  have a voice and the ability to raise concerns and have these concerns addressed
-  feel valued and respected

Learning

Learning means children and young people:

-  are attending and engaging in education, training or employment
-  are supported to learn by their caregiver and education providers
-  are participating in early childhood education
-  receive assistance for additional needs
-  are developing literacy and numeracy skills appropriate to age

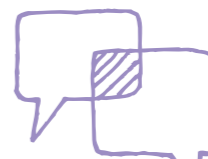
Having material basics

Having material basics means that children and young people:

-  have access to adequate, stable housing
-  have access to adequate clothing and footwear
-  have access to nutritious food and clean water
-  have access to materials to support participation in activities
-  have access to education and training materials
-  have access to adequate heating and cooling






Participating

Participating means children and young people:

-  are engaging with peers and community groups
-  are an active participant in their own life; including being able to have a say and have their opinion heard and valued
-  are taking part in organised activities, including sport
-  have access to and use technology and social media




Being healthy

Being healthy means that children and young people:

-  are mentally and physically healthy
-  have access to appropriate health and care services
-  are emotionally well, happy and supported
-  are immunised
-  are as physically active as they can be

Having a positive sense of culture and identity

Having a positive sense of culture and identity means children and young people:

-  can find out about family and personal history and are supported to connect positively with their culture
-  have a positive sense of self-identity and self-esteem
-  feel like they belong
-  are in touch with cultural or spiritual practices and have these practices valued and respected